

DAY SPA PACKAGES

Each Day Spa Package includes full use of our health club facilities including time in the relaxation room and lunch* in the Garden Rooms and Bar. We recommend using the health club facilities between 11am and 2pm as this is adult only swimming times.

DAY SPA ESCAPE 50 mins | €135

Enjoy one 50 minute treatment of choice from the list opposite.

DAY SPA DELIGHT 100 mins | €215

Enjoy two 50 minute treatments of choice from the list opposite.

DAY SPA DREAM 150 mins | €285

Enjoy three 50 minute treatments of choice from the list opposite.

*Set lunch menu is served 1pm – 5pm and guests must be fully dressed to dine. Upgrade to our delicious Afternoon Tea at a supplement from €28 per person, served 1.30pm – 4pm daily.

TREATMENT CHOICES

EXOTIC COCONUT BODY NOURISH WRAP

This nourishing body wrap drenches the skin with moisture for immediate softness and suppleness. Whilst wrapped you are treated to a neck, shoulder, facial and pressure point scalp massage.

EXOTIC LIME AND GINGER OR BROWN SUGAR SALT GLOW

An exotic exfoliation ritual to invigorate and revitalise the skin. After light body brushing, warm oil is drizzled over the body before the Exotic Lime and Ginger Salt Scrub or Brown Sugar Salt Glow is applied. The skin is deeply cleansed, polished and softened to perfection with an express facial exfoliation and hydration to conclude.

CUSTOMISED MASSAGE

Restore inner peace and harmony through the power of massage. Whether you are looking for a relaxing holistic massage or deep tissue, this customised massage treatment will ensure your every need is met following a thorough consultation.

CUSTOMISED COMBINATION

Customised 25 minute Image facial with a customised 25 minute massage.

SPA CUSTOMISED IMAGE FACIAL

THE MAX STEM CELL FACIAL

An anti-ageing, redness-diffusing active facial. This treatment strikes the ideal balance between a gentle peel and a therapeutic facial, and is designed to really target those pesky wrinkles, elasticity concerns and combat generally lethargic and dull skin. All the latest anti-ageing technology gives you results driven luxury.

ILLUMINATING FACIAL

Clarity in an instant. A clinical results-driven facial designed to give beautiful luminosity, radiance and glow. The treatment uses a blend of powerful antioxidant protection, nutrition and enzymes all sandwiched together to provide immediate measurable differences. Perfect for the more delicate skin.

ANTI-OXIDANT ANTI-AGEING FACIAL

Replenish what your lifestyle diminishes. The facial that does it all – even the most experienced ‘facial enthusiast’ will be impressed! This cleansing and invigorating vitamin-infused treatment will deliver tightening, lightening, brightening and nourishing hydration to leave you feeling fully refreshed and renewed.